

# Substance use disorder in America

Substance use disorders are historically underreported due to stigma and potential implications. According to Mental Health America\*, a nonprofit community organization helping those with behavioral health needs:

- **7.74%** of adults in America reported having a substance use disorder in the past year.
- **2.97%** of adults in America reported having an illicit drug use disorder in the past year.
- **5.71%** of adults in America reported having an alcohol use disorder in the past year.
- **4.08%** of youth in the U.S. reported having a substance use disorder in the past year.
- **1.64%** of youth in the U.S. had an alcohol use disorder in the past year, while 3.16% had an illicit drug use disorder.



For more information on substance use disorder, treatment and prevention, visit [bcbsm.com/mentalhealth](https://bcbsm.com/mentalhealth). You can also visit [justfive.org/bcbsm](https://justfive.org/bcbsm)\*\* for a self-paced, mobile-enabled program that provides information about addiction prevention and substance use disorder treatment.

\*[mhanational.org/](https://mhanational.org/)

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