



See your doctor despite your busy schedule.

Better care starts here.



Confidence comes with every card.®

Choose a Total Care doctor to start your journey to good health.

You can better manage your health care by taking advantage of flexibility, like extended office hours. Total Care doctors meet national standards for providing high-quality health care — care that helps you stay healthy and is available when you are.

Find a doctor at [bcsm.com](https://www.bcsm.com).