

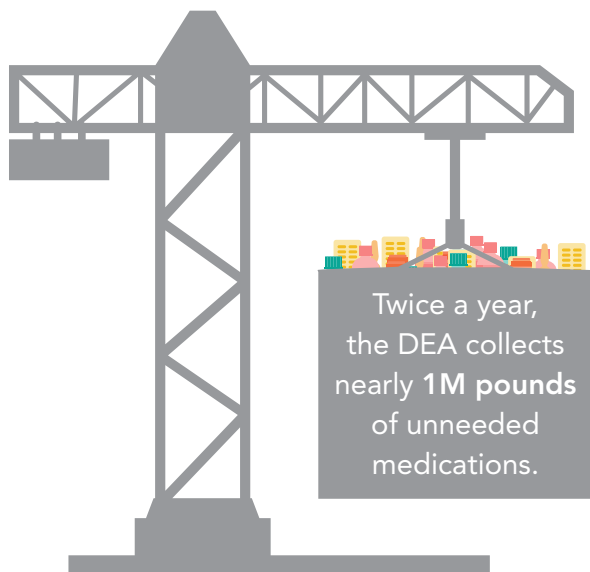
# Mark your calendars



## National Prescription Drug Take Back Day is October 26, 2019

Leftover or forgotten prescription medications are more likely to be misused or abused. One way to prevent this is to clean out your medicine cabinet and only keep the medications you still take. Take your old or unused prescription and over-the-counter medications to a drug take-back event, such as National Prescription Drug Take Back Day.

This nationwide event is sponsored twice a year by the U.S. Drug Enforcement Agency and is a safe and anonymous way to dispose of your old medications.



Here's what you need to know about this event:

- **When:** October 26, 10 a.m. to 2 p.m.
- **Where:** go to [takebackday.dea.gov](https://takebackday.dea.gov) to find a drop-off location near you
- **What to bring:** any expired, unneeded or extra prescription and over the-counter medications

Your participation helps keep your family and community safer.

## Can't make National Prescription Drug Take Back Day?

Fortunately, there are take-back locations available year-round. Use the online search tools at the [DEA](https://www.dea.gov).

Some state and local police departments, along with hospitals and pharmacies offer year-round disposal.

Learn more about prescription pain medicine safety at [MIBluesPerspectives.com/Opioid101](https://MIBluesPerspectives.com/Opioid101).