



2009 General Motors and Chrysler Contract Modification Changes

Court-approved benefit changes for Chrysler and General Motors:

- Chrysler changes are effective July 1, 2009
- General Motors changes effective July 10, 2009
- Ford did not have mid-year changes

Here's a brief reminder of the negotiated changes that impact retirees surviving spouses, and their eligible dependents:

- Catastrophic Plan no longer offered.
- Emergency Room co-payment changed to \$100. Co-payment is waived if admitted.
- Prescription Drug co-payments are now:
 - Retail: \$10.00 Generic
\$25.00 Brand
 - Mail Order: \$20.00 Generic
\$50.00 Brand
- Erectile Dysfunction medications (ED) no longer covered
- Vision and Dental excluded from coverage

Cataract Reminder

Although vision services are no longer a contract benefit, cataract surgery and necessary replacement lenses are still covered under the medical surgical plan.

HEALTH TIP:

Keep moving!

More and more evidence mounts about the many benefits of exercise and physical activity in older adults.

- Regular physical activity reduces the risk of many health conditions.
- Some physical activity is better than none and adults who participate in some sort of physical activity all gain some health benefits.
- Regular exercise can reduce the physical harms of an otherwise sedentary lifestyle and improve active life expectancy.

Exercise for older adults should include aerobic, muscle-strengthening, and flexibility exercises.



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A Closer Look at: Hearing Aid Coverage

GM Retirees' hearing aid services must be performed by network providers in areas where a network is available. If no network is available, you must use a provider who participates with the BCBS plan to receive full benefits.

Benefits are renewable every three years for **hearing aids**:

- General Motors every three years
- Chrysler every 36 months
- Ford - Benefits are provided by AudioNet America

Covered hearing aid services include:

General Motors Retirees require a medical examination of the ear from a physician to rule out hearing loss that could be surgically or medically corrected. After the first hearing aid is obtained, the medical exam is not required for subsequent hearing aids. Chrysler Retirees are not required to obtain the exam.

Here are the steps for Chrysler and General Motors Retirees:

1. An audiometric exam by an audiologist to measure the extent of the hearing loss.
2. A hearing aid evaluation test by a physician or audiologist to prescribe the make and model of the hearing aid.
3. A hearing aid and ear mold as well as fees for dispensing and fitting the hearing aid.