

For residential mental health treatment: adult/geriatric and child/adolescent members

BCN 2023 Local Rules: Adult/Geriatric Residential Mental Health Treatment

In applying InterQual® 2023 criteria to different benefit packages, Blue Cross Blue Shield of Michigan and Blue Care Network have adopted local rules. These local rules apply to all BCN commercial and BCN Advantage members statewide whose care is coordinated by BCN's Behavioral Health department. The following local rules for service requirements were developed or revised for use with InterQual's Adult/Geriatric Psychiatry – Residential Treatment Center criteria:

Note: The InterQual criteria point for Residential Treatment Center - Admission, Week 1 – Severe and persistent mental illness.... - Current residence – Homelessness is superseded by BCN benefits, which state that housing is not a benefit. This criteria point will not be used to evaluate requests for this level of care.

Adult and Geriatric Psychiatry – Residential Treatment Center	
InterQual 2023 Standard	BCN 2023 Accepted Practice Standard
Psychiatric Evaluation	
<ul style="list-style-type: none"> Initial within 1 business day, subsequent at least 1 time per week 	<p>Rule:</p> <ul style="list-style-type: none"> Initial within 48 hrs of admission, then 2x/week thereafter
Supervision/Clinical Coverage	
<ul style="list-style-type: none"> Psychiatrist at least 1 time per week Nursing staff onsite or on call 24 hours per day Medication reconciliation initiated within 24 hours Medication administration/supervision at least daily 	<p>Rule:</p> <ul style="list-style-type: none"> Supervision by clinical staff, techs, etc., 24/7 Psychiatrist onsite at least twice weekly, but on call 24/7 Nursing staff onsite or on call (within 60 minutes) 24/7 Medication reconciliation completed within 24 hours of admission Medication administration/supervision at least daily
Assessment	
<ul style="list-style-type: none"> Psychosocial and substance abuse evaluation within 48 hours Toxicology screen, quantitative drug analysis, self-help, 12-step, or education group as needed Clinical assessment at least 1 time per day Medical history and physical examination within 12 months prior to admission or within 30 days after admission 	<p>Rule:</p> <ul style="list-style-type: none"> Initial treatment and discharge plan within 24 hours of admission, updated weekly thereafter Psychiatric assessment conducted at least twice weekly. Psychosocial and substance abuse evaluation within 48 hours of admission, and clinical assessment (psychology, social work, psychiatry/psych RN, etc.) daily Toxicology screen, quantitative drug analysis, self-help, 12-step, or education group as needed Medical physical within 12 months prior to admission or within 30 days after admission Clinical assessment (psychology, social work, psychiatry/psych RN, etc.) at least 1 time per day For eating disorders: weight measurement as indicated at 3 times weekly or more frequently, as indicated

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BCN 2023 Local Rules: Adult/Geriatric Residential Mental Health Treatment (continued)

Adult and Geriatric Psychiatry – Residential Treatment Center	
InterQual 2023 Standard	BCN 2023 Accepted Practice Standard
Therapy/Treatment	
<ul style="list-style-type: none"> Individual/group/family therapy at least 2 times per week Structured therapeutic program at least 4 hours per day Care coordination with other care providers and social services. 	<p>Rule:</p> <ul style="list-style-type: none"> Individual treatment at least twice weekly Group therapy at least 12.5 hours per week Family therapy: face-to-face at least weekly unless contraindicated and with documented satisfactory rationale as to why this would not occur OT/recreation therapy at least 4 times per week, with at least 4 hours each weekend day Care coordination with other care providers and social services.

BCN 2023 Local Rules: Child/Adolescent Residential Mental Health Treatment

In applying InterQual 2023 criteria to different benefit packages, Blue Cross Blue Shield of Michigan and Blue Care Network have adopted local rules. These local rules apply to all BCN commercial and BCN Advantage members statewide whose care is coordinated by BCN's Behavioral Health department. The following local rules for service requirements were developed or revised for use with InterQual's Child/Adolescent Psychiatry – Residential Treatment Center criteria:

Child and Adolescent Psychiatry – Residential Treatment Center	
InterQual 2023 Standard	BCN 2023 Accepted Practice Standard
Psychiatric Evaluation	
<ul style="list-style-type: none"> Initial within 1 business day, subsequent at least 1 time per week 	<p>Rule:</p> <ul style="list-style-type: none"> Initial within 48 hours of admission, then 2 times per week thereafter
Supervision/Clinical Coverage	
<ul style="list-style-type: none"> "Awake adult supervision 24 hours per day" Psychiatrist at least 1 time per week Nursing staff onsite or on call 24 hours per day Medication reconciliation initiated within 24 hours 	<p>Rule:</p> <ul style="list-style-type: none"> Supervision by clinical staff, techs, etc., 24/7 Psychiatrist on-site at least twice weekly, but on call 24/7 Nursing staff onsite or on call (within 60 minutes) 24/7 Medication reconciliation completed within 24 hours of admission Medication administration/supervision at least daily

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BCN 2023 Local Rules: Child/Adolescent Residential Mental Health Treatment (continued)

Child and Adolescent Psychiatry – Residential Treatment Center	
InterQual 2023 Standard	BCN 2023 Accepted Practice Standard
Assessment	
<ul style="list-style-type: none"> • Psychosocial and substance abuse evaluation within 48 hours • Toxicology screen, quantitative drug analysis, self-help, 12-step or education group as needed • Clinical assessment at least 1 time per day • Individualized goal-directed treatment plan within 1 week • Medical history and physical examination within 12 months prior to admission or within 30 days after admission 	<p>Rule:</p> <ul style="list-style-type: none"> • Initial treatment and discharge plan within 24 hours of admission, updated weekly thereafter • Psychiatric assessment conducted at least twice weekly. • Psychosocial and substance abuse evaluation within 48 hours of admission • Toxicology screen, quantitative drug analysis, self-help, 12-step or education group as needed • Medical physical within 6 months prior to admission or within 30 days after admission • Clinical assessment (psychology, social work, psychiatry/psych RN, etc.) at least daily • For eating disorders: weight measurement as indicated at 3 times weekly or more frequently, as indicated
Therapy/Treatment	
<ul style="list-style-type: none"> • Individual/group/family therapy at least 3 times per week • School or vocational program 	<p>Rule:</p> <ul style="list-style-type: none"> • Individual treatment at least twice weekly • Group therapy at least 12.5 hours per week • Family therapy: face-to-face at least weekly unless contraindicated and with documented satisfactory rationale as to why this would not occur • OT/recreation therapy at least 4 times per week, with at least 4 hours each weekend day • School or vocational program
Service coordination	
<ul style="list-style-type: none"> • No explicit reference to coordination with external service providers (psychiatrist/therapist, social services, CMH, medical providers as indicated, etc.) 	<p>Rule:</p> <ul style="list-style-type: none"> • Coordination with external supports and providers as needed/applicable