CHRT

The CCBHC Demonstration in Michigan*: Transforming Behavioral Health

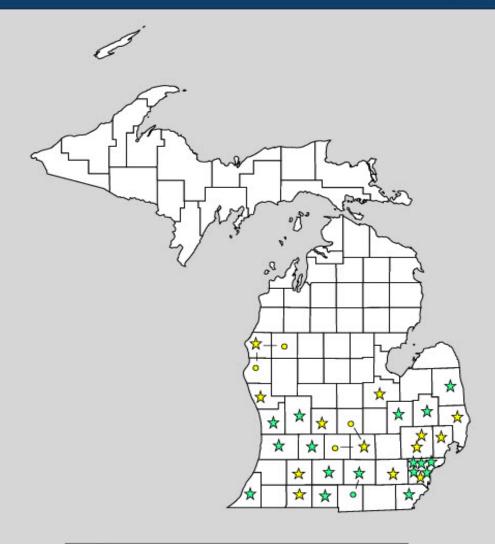
Melissa Riba
Research and Evaluation Director
Center for Health and Research Transformation



Many thanks to the Michigan Health Endowment Fund for its support of this evaluation

Michigan's CCBHC Demonstration Sites

October 2023





New CCBHC Demo Sites (October 1, 2023)

Satellite Site

- Arab Community Center for Economic and Social Services (Wayne)
- Barry County CMH Authority (Barry)
- CEI CMH (Clinton, Eaton, Ingham)
- · CNS Healthcare (Oakland)
- CNS Healthcare (Wayne)
- · Community Mental Health of Ottawa County (Ottawa)
- · Development Centers, Inc. (Wayne)
- · Easter Seals Michigan (Oakland)
- Elmhurst Home (Wayne)
- · Genesee Health System (Genesee)
- · HealthWest (Muskegon)
- Integrated Services of Kalamazoo (Kalamazoo)
- Lapeer County Community Mental Health (Lapeer)
- LifeWays (Jackson and Hillsdale)
- Macomb County CMH (Macomb)
- Monroe Community Mental Health Authority (Monroe)
- Network180 (Kent)
- · OnPoint (Allegan)
- · Pines Behavioral Health Services (Branch)
- · Pivotal (St. Joseph)
- Riverwood Center (Berrien)
- · Saginaw County CMH (Saginaw)
- Sanilac Community Mental Health (Sanilac)
- · Southwest Counseling Solutions (Wayne)
- St. Clair County CMH (St. Clair)
- · Summit Pointe (Calhoun)
- The Guidance Center (Wayne)
- · The Right Door (Ionia)
- Washtenaw County CMH (Washtenaw)
- · West Michigan CMH (Mason, Lake, Oceana)





Eligibility and Core Services

Who's Eligible?

All persons are entitled to walk into CCBHC clinics and be screened for service eligibility:

- All ages
- All payers, including uninsured
- No residency requirement (even out of state)
- Any person with a behavioral health diagnosis, including those with a mild to moderate or serious mental illness and/or substance use disorder
- Veterans, members of the armed services

The 9 Core Services

- 1. Crisis mental health services
- 2. Screening, assessment, and diagnosis
- 3. Patient-centered treatment planning
- 4. Outpatient mental health and substance use services.
- Outpatient clinic primary care screening and monitoring
- 6. Targeted case management.
- 7. Psychiatric rehabilitation services.
- 8. Peer support and counselor services and family supports.
- 9. Community-based care for Veterans or members of armed services



System Level Accomplishments



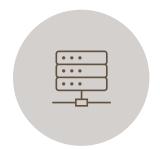
100% of CCBHC's interviewed mentioned increased access to services, along with an expansion in populations served, as a major accomplishment and benefit from being in the CCBHC Demonstration.



77% mentioned success in strengthening community partnerships, particularly among schools (4), courts (3), law enforcement (3), veteran services (3), and FQHCs/service providers (2).



62% mentioned an increase in staffing capacity and/or improved ability to retain staff as a result of the CCBHC Demonstration.



46% mentioned improved data collection and utilization which informed clinical decision making.



System Level Challenges



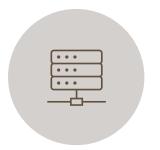
92% of CCBHCs mentioned staffing shortages as a major barrier in reaching their CCBHC Demonstration goals.



69% mentioned administrative burden related to required documentation as a major challenge.



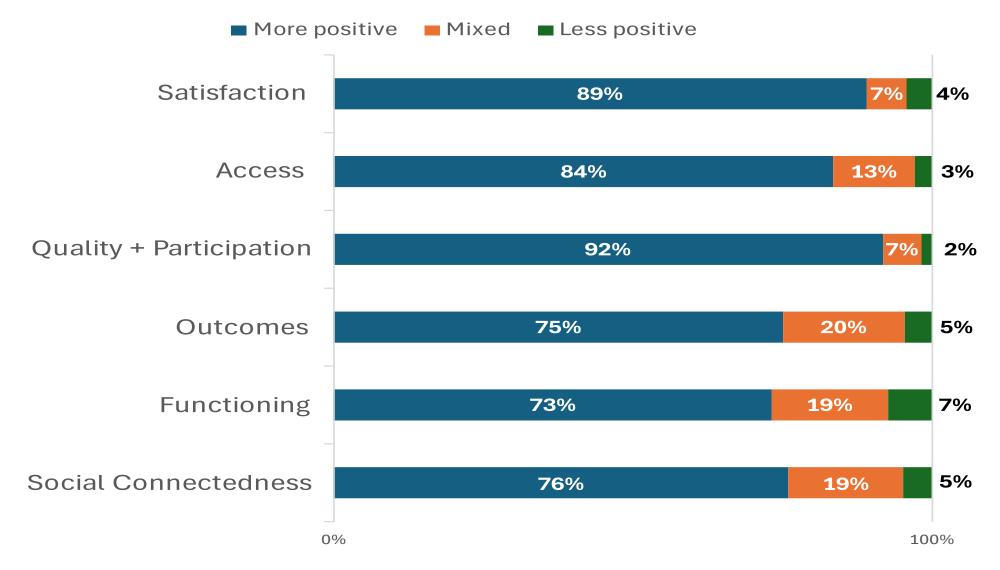
54% reported issues related to financial billing as a major challenge for CCBHC Demonstration.



31% reported issues related to data collection for required measures

Findings from an Adult Consumer Satisfaction Survey (MHSIP)

Percent of patients reporting mostly positive experiences for each MHSIP domain of patient satisfaction (N = 1810 3663)

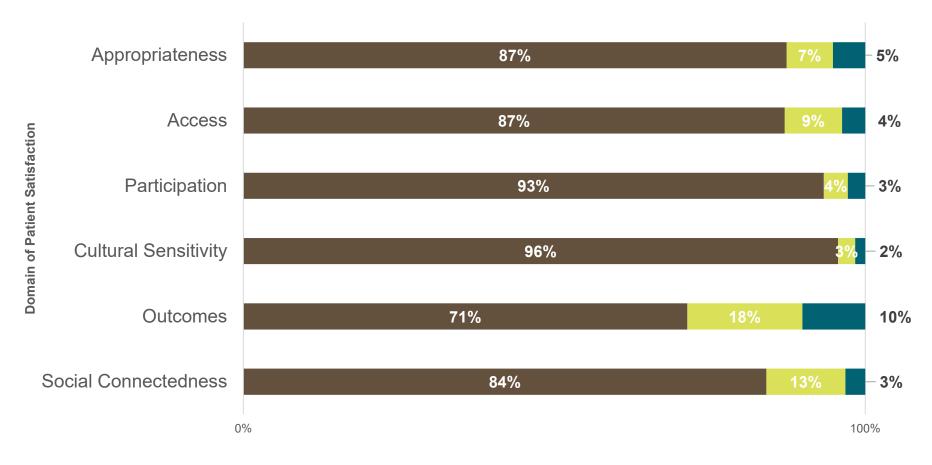


Domain of Patient Satisfaction

CHRT

Satisfaction with Youth Services (based on parent reports)

■ More positive ■ Mixed ■ Less positive





What's Next?



CCBHCs showing promising results for both systems level and patient experiences = TRANFORMATIVE!



Evaluation is on-going and will be digging deeper into health, access and utilization outcomes using claims and other data



Final evaluation report at end of December 2024



Expansion of CCBHCs to continue



About CCBHCs:

- Website: https://www.michigan.gov/mdhhs/keep-mi-healthy/mentalhealth/ccbhc
- Email: mdhhs-ccbhc@michigan.gov

About the Evaluation:

- Melissa Riba, Research and Evaluation Director, <u>ribameli@umich.edu</u>
- Jonathan Tsao, Senior Program Manager, tsaoj@umich.edu

