# BCN Advantage<sup>SM</sup>

# Summary of Benefits

January 1, 2024 — December 31, 2024

This is a summary document, to get a complete list of services we cover, call Customer Service and ask for the *Evidence of Coverage* (phone numbers are printed on the back cover of this booklet).

BCN Advantage is a Health Maintenance Organization (HMO). To join BCN Advantage Local HMO, you must have both Medicare Part A <u>and</u> Medicare Part B, be a United States citizen or lawfully present in the United States, and live in our geographic service area. Incarcerated individuals are not considered living in the geographic service area even if they are physically located in it.

Our service area for **BCN Advantage Local HMO** includes these counties in Michigan: Macomb, Oakland, and Wayne.

**BCN Advantage Local HMO** has a network of doctors, hospitals, and other providers. If you use the providers that are not in our network, the plan may not pay for these services. For some services you can use providers that are not in our network. You can see our plan's provider directory at our website at **www.bcbsm.com/providersmedicare**, or call us and we will send you a copy of the provider directory.

Out-of-network/non- contracted providers are under no obligation to treat BCN Advantage members, except in emergency situations. Please call our customer service number or see your *Evidence of Coverage* for more information, including the cost-sharing that applies to out-of-network services.

BCN Advantage is an HMO plan with a Medicare contract. Enrollment in BCN Advantage depends on contract renewal.

www.bcbsm.com/medicare



# Medicare Advantage Plans

# Premium/Cost-sharing Table for BCN Advantage Local HMO

Premiums vary by county in which you permanently reside (rates are based on the use and cost of health care services in each regional segment). You must continue to pay your Medicare Part B premium.

- 1) Find the county that you live in.
- 2) Look across the plan option column to find your monthly premium rate.

Counties	BCN Advantage Local HMO Monthly Premium	
Macomb, Oakland and Wayne	\$0	
Optional Supplemental Dental and Vision	\$20.30	

Deductible and limits on how much you pay for covered services			
Deductible	\$0 annually This plan does not have a deductible for Part D prescription drugs.		
Deductible – Optional Supplemental Dental and Vision	There is no deductible.		
Maximum Out-of-Pocket Responsibility (does not include	\$4,500 annually	The most you pay for copays, coinsurance and other costs for medical services for the year.	
prescription drugs)		If you reach the limit on out-of- pocket costs, you keep getting covered for hospital and medical services and we will pay the full cost for the rest of the year.	
		You will still need to pay your monthly plan premiums, Medicare Part B premiums, and cost sharing for your Part D drugs.	

**Note:** Your primary care provider (PCP) is the best resource for coordinating your care and can help you find an in-network specialist. However, BCN Advantage Local HMO doesn't require a referral for you to make an appointment with an in-network specialist. Some in-network specialists may still need to confirm with your PCP that you need specialty care.

Benefits	BCN Advantage Local HMO	What you should know		
Note: Services with * may require prior authorization.				
Inpatient Hospital Coverage*	\$325 copay per day for days 1 through 6 \$0 copay per day for days 7 through 90 \$0 copay per day for days 91 and beyond	The copays are based on benefit periods.  A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care for 60 days in a row.  Our plan covers an unlimited number of days for an inpatient hospital stay in network.  If you go to out-of-network providers you pay the full cost.		
Outpatient Hospital Coverage*	\$0 copay for Medicare-covered palliative care.  \$275 copay for Medicare-covered outpatient hospital surgery.	If you go to out-of-network providers you pay the full cost.		
Ambulatory Surgical Center (ASC) Services*	\$0 copay for Medicare-covered arthroplasty knee and hip services in an ambulatory surgical center.  \$100 copay for Medicare-covered outpatient surgery in an ambulatory surgical center.	If you go to out-of-network providers you pay the full cost.		
Doctor Visits     • Primary     • Specialists*	\$0 copay \$45 copay	If you go to out-of-network providers you pay the full cost. Our plan also covers telehealth services for primary care provider services and behavioral health providers.		

Note: Services with * may require prior author  Preventive Care  Our plan covers many preventive services, including:  • Abdominal aortic	
Our plan covers many preventive services, including:	services approved by
<ul> <li>Abdoninal active aneurysm screening</li> <li>Alcohol misuse screening and counseling</li> <li>Annual wellness visit</li> <li>Bone mass measurement</li> <li>Breast cancer screening (mammogram)</li> <li>Cardiovascular disease risk reduction visit</li> <li>Cardiovascular disease testing</li> <li>Cervical and vaginal cancer screening</li> <li>Colorectal cancer screenings (Colonoscopy, Flexible sigmoidoscopy, Guaiac-based fecal occult blood test, Fecal immunochemical test, DNA based colorectal screening every 3 years)</li> <li>Depression screening</li> <li>Diabetes screenings</li> <li>Glaucoma screening</li> <li>HIV screening</li> <li>Immunizations, including COVID-19, flu, Hepatitis B, Pneumococcal</li> <li>Intensive behavioral therapy for obesity</li> <li>Medical nutrition therapy services</li> <li>Medicare Diabetes</li> </ul>	year will be covered.

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	prior authorization.	
Preventive Care continued		
<ul> <li>Prostate cancer screenings (PSA)</li> <li>Screening for lung cancer with low dose computed tomography</li> <li>Screening for sexually transmitted infections (STIs) and counseling to prevent STIs</li> <li>Smoking and tobacco use cessation (counseling to stop smoking or tobacco use)</li> <li>"Welcome to Medicare" preventive visit (one-time)</li> </ul>		
Emergency Care	\$90 copay	You may go to any emergency room if you reasonably believe you need emergency care.  If you are admitted to the hospital within three days, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.  You have coverage for worldwide emergency medical care. There is a combined \$50,000 lifetime plan coverage limit for emergency care, urgent care and transportation services outside the U.S. and its territories.

Benefits	BCN Advantage Local HMO	What you should know		
Note: Services with * may require	Note: Services with * may require prior authorization.			
Urgently Needed Services	\$0 copay for Medicare-covered urgently needed services in a primary care provider's office.  \$45 copay for Medicare-covered urgently needed services in an urgent care center.	You have coverage for worldwide emergency medical care. There is a combined \$50,000 lifetime plan coverage limit for emergency care, urgent care and transportation services outside the U.S. and its territories.		
Diagnostic Services/Labs/ Imaging*  • Diagnostic tests and procedures	\$20 copay	Prior authorization is required for some services by your doctor or other network provider. Please contact the plan for more information.		
<ul><li>Lab services</li><li>COVID-19 testing</li></ul>	\$0 copay \$0 copay	Lab services must be rendered at a participating Joint Venture Hospital Lab (JVHL).		
Diagnostic radiology service (e.g., X-rays, MRI)	\$20 – \$100 copay, depending on service.	If you go to out-of-network providers you pay the full cost.		
Outpatient X-rays (e.g., X-rays, MRI)	\$20 – \$100 copay, depending on service.			
Therapeutic radiology services	\$25 copay			

Benefits	BCN Advantage Local HMO	What you should know	
Note: Services with * may require prior authorization.			
Hearing Services  • Hearing exam to diagnose and treat hearing and balance issues	\$0 copay for Medicare-covered hearing services from a primary care provider.  \$45 copay for Medicare-covered hearing services from a specialist.	If you go to out-of-network providers you pay the full cost.  Over-the-Counter (OTC) hearing aids may be purchased using the OTC allowance.	
Routine hearing exam     (1 per year)	\$0 copay for one hearing exam every year from a primary care provider.  \$45 copay for one hearing exam every year from a specialist.		
Hearing aid fitting and evaluation (one every three years)	\$0 copay for one hearing aid fitting and evaluation every three years		
Hearing aids	Up to a \$1,200 (\$600 per ear) allowance every three years.		

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	prior authorization.	
Dental Services  Dental services (Medicare- covered)	\$0 – \$275 copay, depending on the Medicare-covered dental services	If you go to out-of-network providers you pay the full cost.
<ul> <li>Preventive dental services</li> <li>Oral exams (up to 2 every calendar year)</li> <li>Routine cleanings (up to 2 every calendar year)</li> <li>Dental X-rays (1 set of up to 4 bitewing X-rays, or 1 set of up to 6 periapical films every 2 calendar years)</li> <li>Fluoride treatment (1 every calendar year)</li> <li>Comprehensive dental</li> </ul>	This benefit provides a \$1,500 annual maximum for preventive and comprehensive dental services in-network every calendar year.  Preventive Dental: You pay \$0  Comprehensive	For in-network coinsurance, you must receive dental services from an in-network provider.  To find an in-network dentist please visit www. mibluedentist.com and search for PPO dentists in the BCN Advantage network or contact Customer Service.
services In addition to preventive dental, we cover:  • Brush biopsies (2 per calendar year)  • Resin and amalgam fillings (once per tooth per surface every 48 months)  • Crowns for permanent teeth only (once per tooth every 84 months)  • Crown repairs (3 per permanent tooth per calendar year)	<b>Dental:</b> You pay \$0	
<ul> <li>Root canals (once per tooth per lifetime)</li> <li>Deep cleaning (once per quadrant per 24 months)</li> <li>Extractions (one time per tooth per lifetime)</li> <li>Oral Surgery (two times per tooth per lifetime)</li> </ul>		

Benefits	BCN Advantage Local HMO	What you should know		
Note: Services with * may require	Note: Services with * may require prior authorization.			
Dental – Optional Supplemental Benefit In addition to the plan-covered dental services, we offer:	Comprehensive Dental: The benefit provides another \$1,500 annual maximum bringing your total annual maximum to \$3,000 for preventive and comprehensive dental services. No waiting period. No deductible 25% coinsurance for:  Onlays Periodontics Bridges Dentures Denture adjustments Denture repairs Denture relines Denture rebase Implants Implant maintenance and repairs Anesthesia Consultation	This optional supplemental benefit is available for an additional premium.  If you go to out-of-network providers you pay the full cost.  This optional supplemental \$1,500 annual maximum can be used toward all dental services listed in this document. This is in addition to the \$1,500 annual maximum for preventive and comprehensive dental services.		
	comprehensive dental services. No waiting period. No deductible  25% coinsurance for:  Onlays Periodontics Bridges Dentures Denture adjustments Denture repairs Denture relines Denture rebase Implants Implant maintenance and repairs Anesthesia	\$1,500 annual maximum can be used toward all dental services listed in this document. This is in addition to the \$1,500 ann maximum for preventive and comprehensive denta		

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	prior authorization.	
Vision Services  Exam to diagnose and treat diseases and conditions of the eye	\$0 - \$45 copay, depending on the Medicare-covered service and provider	If you go to out-of-network providers you pay the full cost.  Routine vision care must be from a VSP Choice Network provider. To locate a VSP
Eyeglasses or contact lenses after Medicare- covered cataract surgery	\$0 copay for eyeglasses or contact lenses after Medicare- covered cataract surgery	Choice Network provider, call the Customer Service number on the back of this booklet or visit www.vsp.com.
Routine eye exam	\$0 copay for up to one routine eye exam every calendar year	
Every calendar year, we cover one of the following:  • Elective contacts  • One pair of lenses  • One frame  • One complete pair of eyeglasses (lenses and frames)  If elective contact lenses are chosen, they are unlimited up to the maximum vision benefit.	\$0 copay  The eyewear benefit provides a \$150 maximum vision benefit every calendar year and may be used for either (a) elective contact lenses or (b) one frame.  Standard eyeglass lenses are covered in full every calendar year.  Benefit must be obtained from an in-network provider.	

Benefits	BCN Advantage	What you should know		
Note: Services with * may require	Note: Services with * may require prior authorization.			
Vision – Optional Supplemental Benefit In addition to the plan- covered vision services, every calendar year, we cover one of the following:  • Elective contacts • One pair of lenses • One frame • One complete pair of eyeglasses (lenses and frames) If elective contact lenses are chosen, they are unlimited up to the maximum vision benefit. If standard eyeglass lenses or one complete pair of eyeglasses are chosen, lenses have the options of polycarbonate lenses and anti-reflective coating.	The optional eyewear benefit provides a \$250 in-network benefit maximum (in addition to the enhanced vision benefit for a total of \$400) once every calendar year and may be used for either (a) elective contact lenses or (b) one frame.  Standard eyeglass lenses are covered in full every calendar year as part of the Enhanced Vision benefit.	The optional supplemental benefit is available for an additional premium.  Supplemental vision benefits are provided in conjunction with Enhanced Vision benefit. Frequency limits apply.  If you go to out-of-network providers you pay the full cost.		

Benefits	BCN Advantage Local HMO	What you should know	
Note: Services with * may require prior authorization.			
Mental Health Services*  Inpatient visit  Outpatient group or individual therapy visit	\$300 copay per day for days 1 through 6 \$0 copay per day for days 7 through 90 \$20 copay for outpatient group or individual therapy visit	Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.  The copays for hospital benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care for 60 days in a row. If you go into a hospital after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital copay for each benefit period. There's no limit to the number of benefit periods.  Our plan covers 90 days for an inpatient hospital stay.  Our plan also covers 60  "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage	
		will be limited to 90 days.  Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.	
Skilled Nursing Facility* (SNF)	\$0 copay per day for days 1 through 20 \$188 copay per day for days 21 through 100	Our plan covers up to 100 days in a SNF. No prior hospital stay is required.	

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	e prior authorization.	
Physical Therapy*  Physical therapy, occupational therapy, and speech and language therapy visit	\$30 copay	
<ul> <li>Ambulance</li> <li>Ground or Air</li> <li>Ambulance services without transportation</li> </ul>	\$275 copay \$90 copay	Copay is for each one-way trip for Medicare-covered services.  We cover ambulance services even if you are not transported to a facility, if you are stabilized at your home or another location. This service is not covered outside of the U.S. or its territories.

Benefits	BCN Advantage Local HMO	What you should know	
Note: Services with * may require prior authorization.			
Transportation  All members are eligible for 1 round trip per calendar year to an Enhanced Wellness Visit within the state of Michigan, no referral needed.	\$0 copay for transportation to an Enhanced Wellness Visit for 1 round trip per calendar year within the State of Michigan; no referral needed.	No referral is needed for round trip to Enhanced Wellness Visit.	
To arrange transportation, call 1-888-617-0468 from 6 a.m. to 6 p.m. Eastern time, Monday through Saturday. TTY users call 711. Please call 48 hours in advance to schedule transportation.	Hoodo.		
For qualified members who reside in <b>Wayne</b> , <b>Oakland</b> , and <b>Macomb</b> counties only, non-emergency, medical transportation is covered for up to 28 days after a hospital discharge.	\$0 copay for qualified members who live in Wayne, Oakland, and Macomb counties, non-emergency medical transportation is covered for up	Your care manager must arrange your transportation with the plan-approved transportation provider.	
Qualified members who have been selected for Blue Cross Coordinated Care <sup>SM</sup> , our care management program for members with special health needs, may be eligible for non-emergency medical transportation (NEMT) provided by a plan-approved transportation provider to medical appointments, physical therapy, a pharmacy, or other planapproved locations.	to 28 days after a hospital discharge.		
Your care manager must arrange your transportation with the plan-approved transportation provider.			

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	prior authorization.	
Medicare Part B Drugs*  Medicare Part B Insulin Drugs (one-month supply)  Part B drugs such as chemotherapy/radiation drugs, or other Part B Drugs	Not more than a \$35 copay 0% – 20% coinsurance	Services may require prior authorization and/or step therapy.
Bathroom Safety  Eligible members who receive a provider order may use the annual plan benefit maximum towards supplemental bathroom safety items such as:  • Shower/bathtub grab bar  • Tub stool or transfer bench  • Commode rails  • Elevated toilet seats	\$0 copay  Covered in full up to \$100 annual plan benefit maximum	Provider order is required.  Installation and in-home assessment are not covered.  Member must obtain medical equipment through BCN's DME Supplier, Northwood, at 1-800-667-8496, 8:30 a.m. to 5 p.m. Eastern time, Monday through Friday. TTY users call 711. When outside of the plan's service area, members must contact Northwood.

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	prior authorization.	
Cardiac rehabilitation services	\$0 copay for Medicare- covered cardiac rehabilitation and	
Comprehensive programs of cardiac rehabilitation services that include exercise, education, and counseling are covered for members who meet certain conditions with a doctor's order.	intensive cardiac rehabilitation services.	
The plan also covers intensive cardiac rehabilitation programs that are typically more rigorous or more intense than cardiac rehabilitation programs.		
Chiropractic Care*		One routine office visit per
<ul> <li>Manipulation of the spine to correct a subluxation (when one or more bones in your spine moves out of position)</li> </ul>	\$15 copay	year.  Routine chiropractic visits give members coverage for one set of X-rays (up to three views) per year performed
Routine care	\$45 copay	by a chiropractor.
Chiropractic X-rays (one set per year)	\$20 copay	

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	prior authorization.	
Durable Medical Equipment/Supplies*  • Durable Medical Equipment (includes wheelchairs, oxygen, etc.)  • Prosthetics (braces, artificial limbs, etc.)  • Diabetes supplies (monitoring, shoes or inserts)	20% coinsurance of the cost for Medicare-covered items  20% coinsurance of the cost for Medicare-covered items  \$0 copay	Member may obtain diabetic supplies, including diabetic shoes, from BCN's DME supplier, Northwood at 1-800-667-8496, 8:30 a.m. to 5 p.m. Monday through Friday, Eastern time. TTY users call 711.  Select continuous glucose monitors and other diabetic supplies (except diabetic supplies (except diabetic shoes) may be obtained from any in-network pharmacy.  When outside of the plan's service area, members can contact the vendor listed above.  Prosthetics must be obtained from a preferred yendor.
		service area, members can contact the vendor listed above.

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	prior authorization.	
Members are covered for a fitness benefit through SilverSneakers®. SilverSneakers is a comprehensive program that can improve overall well-being and social connections. Designed for all levels and abilities, SilverSneakers provides convenient access to a nationwide fitness network, a variety of programming options and activities beyond the gym that incorporate physical well-being and social interaction.	You Pay \$0 for the health fitness program.  GetSetUp is a third-party provider and is not owned or operated by Tivity Health, Inc. ("Tivity") or its affiliates. Users must have internet service to access GetSetUp service. Internet service charges are responsibility of user.  SilverSneakers is a registered trademark of Tivity Health, Inc. © 2023 Tivity Health, Inc. All rights reserved.	<ul> <li>Use of exercise equipment, classes, and other amenities at thousands of participating locations</li> <li>SilverSneakers LIVE online classes and workshops taught by instructors trained in senior fitness</li> <li>SilverSneakers On-Demand online library with hundreds of workout videos</li> <li>SilverSneakers GO mobile app with on-demand videos and live classes</li> <li>SilverSneakers</li> <li>Community gives you options to get active outside of traditional gyms (like recreation centers, malls, and parks)</li> <li>Online fitness tips and healthy eating information</li> <li>Social connections through events such as shared meals, holiday celebrations, and class socials</li> <li>GetSetUp virtual enrichment program with classes on topics ranging from healthy eating to aging in place</li> </ul>
Home Health Care*	\$0 copay	Includes medically necessary intermittent skilled nursing care, home health aide services, rehabilitation services, etc. Custodial care is not a benefit.
Home Infusion Therapy* Intravenous or subcutaneous administration of drugs or biologicals to an individual at home.	0% coinsurance for Medicare-covered home infusion therapy services.	

Benefits	BCN Advantage Local HMO	What you should know		
Note: Services with * may require	Note: Services with * may require prior authorization.			
Hospice	\$0 copay for hospice care from a Medicarecertified hospice.			
	You may have to pay part of the cost for drugs and respite care.			
	Hospice is covered outside of our plan.			
	Please contact us for more details (phone numbers are on the back of this booklet).			
Meal Benefit  Qualified members who have been selected to be a part of our Blue Cross Coordinated Care Core <sup>SM</sup> care management program for members with special health needs and have been discharged from a hospital may be eligible for a two-week (14 day) meal benefit. Members are eligible for this benefit during the 30-day period after they return home from the hospital.	\$0 copay for qualified members.	Twenty-eight (28) meals will be delivered to your home in a refrigerated cooler pack in two shipments (14 meals per shipment). Meals can be tailored to meet certain dietary needs.  An assessment with your Blue Cross nurse care manager is required to determine eligibility for the meal benefit. Members can receive up to 28 meals following each hospital discharge.  There is no annual limit to the number of occurrences.		
Mobile crisis and crisis stabilization for behavioral health  Mobile crisis and crisis stabilization for behavioral health will improve care for people who are in crisis. Services include onsite services, mobile crisis intervention by telehealth or face to face, along with crisis stabilization.	\$20 copay	For more information or to find a provider near you, visit https://www.bcbsm.com/behavioral-mental-health/index/ or contact your Medicare Advantage plan's customer service.		

Benefits	BCN Advantage	What you should know
Delicitis	Local HMO	What you should know
Note: Services with * may require p	prior authorization.	
Outpatient Substance Abuse		
Individual or Group therapy visit	\$45 copay each visit	
	You receive \$125 per quarter.  An allowance is added each quarter (January 1, April 1, July 1, October 1). Unused amounts will carry forward into the next quarter but not into the next calendar year. The final day to spend allowance dollars is December 31, 2024. Any unspent allowance will not carry over to 2025.  Note: All purchases must be made through plan-approved retailers.	You will receive one card for purchasing approved non-prescription, over-the-counter drugs and health-related items at participating retail locations.  In addition to the over-the-counter benefit, qualified members will be able to use their allowance to purchase healthy foods.  See Special supplemental benefits for the chronically ill Food Allowance for more information.

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	prior authorization.	
3) Mail. You may request a printed catalog and order form by calling 1-855-856-7878 from 8 a.m 11 p.m. Eastern time (TTY: 711), Monday - Friday. Complete and return the order form. Items will be mailed to you.		
4) <b>Telephone.</b> Select items using the printed or online catalog and call 1-855-856-7878 from 8 a.m 11 p.m. Eastern time (TTY: 711), Monday - Friday. Items will be mailed to you.		
Pulmonary rehabilitation services  Comprehensive programs of pulmonary rehabilitation are covered for members who have moderate to very severe chronic obstructive pulmonary disease (COPD) and an order for pulmonary rehabilitation from the doctor treating the chronic respiratory disease.	\$0 copay for each Medicare-covered pulmonary rehabilitation service rendered in an office setting.	
Renal dialysis	20% coinsurance	

**Note:** Services with \* may require prior authorization.

# Special Supplemental Benefits for the Chronically III

# Food and Produce Allowance

Members with certain health conditions can use their quarterly over-the-counter Advantage Dollars allowance to buy approved foods. This benefit will be available only to plan-identified members who have been diagnosed with:

- Arthritis
- Autoimmune disorders (polyarteritis nodosa, polymyositis rheumatica, polymyositis, systemic lupus erythematosus)
- Cancer (excluding precancer conditions or in-situ status)
- Chronic alcohol and/or other drug dependence
- Chronic cardiovascular disorders (coronary artery disease [CAD], peripheral vascular, chronic venous thromboembolic disorder)
- Chronic and disabling mental health conditions
- · Chronic heart failure
- Chronic lung disorders (chronic obstructive pulmonary disease [COPD])
- Cardiac arrhythmias
- Dementia
- Diabetes
- Pre-diabetes
- End-stage liver disease
- End-stage renal disease (ESRD) requiring dialysis
- HIV/AIDS
- Hypertension

You receive \$125 per quarter.

Your Advantage Dollars account will be loaded automatically with the appropriate allowance amount on January 1, April 1, July 1, and October 1. Unused amounts will carry forward into the next quarter but not into the next calendar year. The final day to spend allowance dollars is December 31, 2024. Any unspent allowance will not carry over to 2025.

Note: This benefit works with the over-the-counter (OTC) Advantage Dollars allowance and is limited to the maximum OTC allowance amount. Note: This benefit works in conjunction with the Over-the-Counter (OTC) Allowance: Advantage Dollars benefit and is limited to the maximum OTC allowance.

See Over-the-Counter (OTC)
Allowance: Advantage
Dollars benefit for more
information on the over-thecounter items benefit.

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	prior authorization.	
Special Supplemental Benefits for the Chronically III continued		
<ul> <li>Severe hematologic disorders         <ul> <li>(aplastic anemia, hemophilia, immune thrombocytopenic purpura, myelodysplastic syndrome, sickle-cell disease [excluding having the sickle-cell trait], chronic venous thromboembolic disorder)</li> <li>Neurologic disorders</li> <li>Stroke</li> </ul> </li> </ul>		
Support for Caregivers of Enrollees  Eligible members with a non-professional caregiver (e.g., a family member who cares for them) may be eligible for an online Caregiver Support tool. The tool provides training, coaching and support to non-professional caregivers who care for members with dementia and other high-risk conditions.  Caregivers will have access to online coaching, education, and support where they can learn:	\$0 copay for support for caregivers of enrollees.  An eligibility assessment with a care manager is required to determine if members qualify.	Qualifying members will be referred to this program by their care manager. For a caregiver to qualify for this benefit, the member must meet the following requirements:  1. Have been selected to be a part of a Blue Cross Coordinated Care <sup>SM</sup> care management program for members with special health needs.  2. Be cared for at home by a family member or other person who would benefit from the support, training and coaching
<ul> <li>How to manage stress and social isolation</li> <li>How to access available resources such as transportation and home health assistance</li> <li>Home safety improvements</li> <li>How to prevent falls</li> <li>About advanced care planning</li> </ul>		this program provides.

**Note:** Services with \* may require prior authorization.

#### **Virtual Care Visits**

This Virtual Care benefit applies to certain telehealth services. This service is separate from any virtual care your personal doctor might offer.

#### Medical:

Members can get virtual urgent care visits from U.S. board-certified doctors 24 hours a day, 7 days a week for minor illnesses and symptoms through Teladoc Health<sup>®</sup>.

Examples of symptoms that can be addressed in a virtual primary care provider visit include:

- Respiratory and sinus infections
- Colds, flu and seasonal allergies
- Eye irritation or redness
- Strains and sprains

#### **Mental Health:**

Members can schedule virtual individual mental health visits. These virtual visits are available by appointment from licensed behavioral health providers such as therapists, counselors, and U.S. board-certified psychiatrists.

\$0 copay for each telehealth primary care provider medical visit through plan-approved vendor.

\$0 copay for each telehealth mental health visit through plan-approved vendor. Virtual Care through Teladoc Health®, an independent company and our planapproved vendor, gives you virtual urgent care and behavioral health care through your phone, tablet, or computer from anywhere in the United States.

- Visit bcbsm.com/ virtualcare for more information or call 1-800-835-2362, available 24 hours a day, 7 days a week, 365 days a year. TTY users call 1-855-636-1578.
- Urgent general medical appointments are available 24 hours a day, 7 days a week, 365 days a year
- Mental health appointment availability is 7 days a week, 7 a.m. to 9 p.m. local time.
- Providers will contact members directly.
   Appointments are not conducted through the 800 number above.

Benefits	BCN Advantage Local HMO	What you should know
Note: Services with * may require	prior authorization.	
Worldwide Coverage Worldwide coverage consists of:  Worldwide emergency coverage  Worldwide urgent coverage  Worldwide emergency transportation.	\$90 copay for worldwide emergency care services. \$45 copay for worldwide urgent care services. \$275 copay for each one-way trip for worldwide emergency transportation.	If you need care when you're outside of the United States, you have coverage for emergency and urgently needed services only.  You have coverage for worldwide emergency medical care.  You have coverage for worldwide emergency transportation.  There is a combined \$50,000 lifetime plan coverage limit for worldwide emergency care, urgent care, and transportation services outside the U.S. and its territories.

# **BCN Advantage Local HMO**

## Phase 1: The Deductible Stage

Because there is no deductible for the plan, this stage does not apply to you.

## Phase 2: The Initial Coverage Stage

You begin in this stage when you fill your first prescription of the year. During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost. You stay in this stage until your year-to-date "total drug costs" (your payments plus any Part D plan's payments) total \$5,030.

Your share of the cost when you get a *one-month* (31-day) supply of a covered Part D prescription drug:

	Standard retail and standard mail-order cost sharing (in-network)	Preferred retail and preferred mail-order cost sharing (in-network)
Tier 1: Preferred Generic	\$5	\$0
Tier 2: Generic	\$20	\$10
Tier 3: Preferred Brand	\$47	\$45
Tier 4: Non-Preferred Drug	50%	50%
Tier 5: Specialty Tier	33%	33%

You won't pay more than \$35 for a one-month supply of each covered insulin product regardless of the cost-sharing tier.

Your share of the cost when you get a *long-term* (32- to 90-day) supply of a covered Part D prescription drug:

	Standard retail and standard mail-order cost sharing (in-network)	Preferred retail cost sharing (in-network)	Preferred mail-order cost sharing (in-network)
Tier 1: Preferred Generic	\$15	\$0	\$0
Tier 2: Generic	\$60	\$0	\$0
Tier 3: Preferred Brand	\$141	\$135	\$90
Tier 4: Non-Preferred Drug 50%		50%	50%
Tier 5: Specialty Tier	Not Covered	Not Covered	Not Covered

You won't pay more than \$105 for up to a three-month supply of each covered insulin product regardless of the cost-sharing tier.

Cost sharing may change depending on the pharmacy you choose and when you enter another phase of the Part D benefit. For more information on the additional pharmacy-specific cost sharing and the phases of the benefit, please call us or access our *Evidence of Coverage* online at www.bcbsm.com/medicare-evidence-of-coverage.

### Phase 3 & 4: The Coverage Gap & The Catastrophic Stages

You have coverage for generic and brand-name drugs during the Coverage Gap stage. During this stage, you will pay 25% for generic and brand-name drugs. You have coverage in the Coverage Gap stage for Insulins. You pay no more than \$35 for a 31-day supply for each covered insulin product regardless of the cost-sharing tier. You also have coverage during the Catastrophic Coverage Stage. During this stage you will pay \$0 for the cost of the drug.

Most members do not reach the Coverage Gap stage or the Catastrophic Coverage stage. For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage* online at **www.bcbsm.com/medicare-evidence-of-coverage**.

Your plan requires prior authorization and has step therapy and quantity limit restrictions for certain drugs. Please refer to your formulary to determine if your drugs are subject to any limitations. You can see the most complete and current information about which drugs are covered on our website (www.bcbsm.com/formularymedicare).

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. Some of our network pharmacies have preferred cost sharing. You may pay less if you use these pharmacies. You can see our plan's pharmacy directory at our website (www.bcbsm.com/pharmaciesmedicare).

### For more information

A complete list of services is found in the *Evidence of Coverage*. For a copy of the *Evidence of Coverage*, go to **www.bcbsm.com/medicare-evidence-of-coverage**, or contact Customer Service at 1-800-450-3680 from 8 a.m. to 8 p.m. Eastern time, seven days a week from October 1 through March 31; 8 a.m. to 8 p.m. Eastern time, Monday through Friday from April 1 through September 30, for more information. TTY users call 711.

You can order a copy of the "Medicare & You" handbook at **www.medicare.gov**, or you can call Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

For more information, please call us at the phone number below or visit us at **www.bcbsm.com/medicare**.

If you are not a member of this plan, call toll-free 1-888-563-3307. TTY users should call 711. From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 9 p.m. Eastern time. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 9 p.m. Eastern time.

If you are a member of this plan, call toll-free 1-800-450-3680. TTY users should call 711. From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. Eastern time. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. Eastern time.

If you want to know more about the coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook. View it online at **www.medicare.gov** or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in other formats such as audio CD and large print. This document may be available in a non-English language. For additional information, call us at 1-800-450-3680. TTY users should call 711.

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