



Commercial PPO/HMO Medical Policy Updates

Customer Edition

June 30, 2024

Listed below are recent medical policy updates approved by the Joint Uniform Medical Policy Committee.

Medical policy updates

- Update to women’s health benefits under National Healthcare Reform**

 - A pelvic exam is now payable without cost share for those NHCR groups when reported with one of the approved procedure codes and an appropriate routine screening diagnosis.
 - These changes were a part of the recommendation for services from the American Congress of Obstetricians and Gynecologists (ACOG) under women’s preventive services, effective Jan. 1, 2024.
 - This can be paid up to two times per year without cost share when reported with one of the routine screening diagnoses.
- Guidelines for coverage of pressure gradient garments and support stockings**

 - The *Pressure Gradient Garments and Support Stockings* policy has been reviewed.
 - The safety and effectiveness of pressure gradient garments and support stockings are established and can be covered when guidelines are met.
 - They may be considered a useful therapeutic option when indicated, effective May 1, 2024.
- MRI to guide targeted biopsy of the prostate for cancer is established**

 - Blue Cross Blue Shield of Michigan reviewed the *Magnetic Resonance Imaging – Targeted Biopsy of the Prostate* policy.
 - The safety and effectiveness of a prostate biopsy using an FDA approved magnetic resonance imaging guided device, including the direct (in-bore) approach, and fusion imaging of multi-parametric MRI with transrectal ultrasound (TRUS) has been established.
 - Effective date is May 1, 2024.
- Mpox (formerly known as monkeypox) vaccine payable for groups subject to National Health Care Reform**

 - Blue Cross Blue Shield of Michigan’s benefit policy is expanding to allow Mpox vaccine to be payable without member cost share for all groups subject to National Health Care Reform, effective Jan. 1, 2025.

- The preventive cost share waiver also applies to HSA/HRA groups that are subject to Safe Harbor regulations. These required services are considered preventive, no matter what diagnosis is billed.

You can find additional information regarding each of the above-mentioned medical policy updates by reviewing the full medical policy. All current Blue Cross and BCN medical policies are accessible via our **Medical Policy Router Search: [Medical Policy and Pre-Cert/Pre-Auth Router \(bcbsm.com\)](https://bcbsm.com)**.

Questions? Reach out to your Blue Cross sales representative or general agent.

Please note that required updates to the claims processing system may not be completed until after the effective date of the Medical Policy change. In addition, please note that the updates included within this document are specific to *Medical* Policy changes and do not include changes made to Pharmacy policies.