

How referrals work for Blue Care Network members in East and Southeast Michigan



FOR YOUR INFORMATION

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Your doctor is your health partner

Your primary care provider, or PCP, is responsible for the care you receive — from preventive health services to treatment for illness. As your health care partner, your PCP makes sure you get the care you need when you need it.

Getting care

While PCPs provide many services in their offices, they also arrange for specialist care or special tests. Your network gynecologist or obstetrician can also refer you to specialists for OB-GYN-related services. Specialists decide on the services and the number of visits required for treatment.

Extensive network of specialists

Our network includes thousands of specialists. More than likely, your PCP or OB-GYN will refer you to someone they know professionally. Sometimes the specialist may even be part of the same group as your PCP.

When you don't need a referral

You don't need a referral for behavioral health services, as long as you're seen by a provider who's in your plan's network. Also, female members don't need a referral to see a gynecologist or obstetrician in your plan's network for annual well-woman visits and obstetrical care (Woman's Choice program). Your OB-GYN can also refer you for OB-GYN-related specialist care.

Chiropractic services

As a member in the East or Southeast region (see other side for a region map), you must have a referral from your PCP for chiropractic services. The chiropractor must also get BCN approval before providing manipulations or other physical medicine services.

Referrals for specialist care

- Your PCP refers you to a specialist. Check that the specialist is in your plan's network. Also ask if there's anything else you need do to ensure coverage.
- You may need special approval, or prior authorization, from BCN for certain services. You always need approval from BCN for services from specialists who aren't in your plan's network.
- Only your PCP or OB-GYN can refer you for specialist care.
- If the service requires a referral and your PCP or OB-GYN doesn't refer you, you may be responsible for the charges.
- Changing your PCP while a specialist is treating you may change your treatment authorization. Ask your new PCP.

For your information

If you have questions about the referral process, call the Customer Service number on the back of your BCN member ID card (TTY: 711).

Blue Care Network regions

